

Food products of non-animal origin from third countries that can be imported as personal imports

The products from each country listed in this table are exempt from import controls if their weight is less than 5Kg for fresh products and 2Kg for dry products.

It is your responsibility to consult the comprehensive list available in the [Implementing Regulation \(EU\) 201 9/1793](#) before importing food.

Country of Origin of the product	Products
Azerbaijan	Hazelnuts and hazelnut products e.g., fruit & nut mixtures containing hazelnuts, hazelnut paste, hazelnut flour, meal, powder or oil
Bangladesh	Foodstuffs containing or consisting of betel leaves
Bolivia	Groundnuts i.e., peanuts, and peanut products e.g., peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes
Brazil	Groundnuts i.e., peanuts, and peanut products e.g., peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes Brazil nuts in shell* Brazil nut products* e.g., fruit & nut mixtures containing Brazil nuts in shell Black pepper
China	Groundnuts i.e., peanuts, and peanut products e.g., peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes Sweet peppers (crushed or ground) Tea Xanthan gum
Colombia	Granadilla and passion fruit
Côte d'Ivoire	Palm oil
Dominican Republic	Aubergines (fresh or chilled) Sweet peppers Peppers of the genus Capsicum (other than sweet) Yardlong beans (fresh, chilled or frozen) Groundnuts, peanuts (in shell or shelled), and peanut products e.g., peanut butter
Egypt	Sweet peppers and all other Capsicum peppers (fresh, chilled or frozen) Oranges (fresh or dried) Groundnuts* i.e., peanuts, and peanut products e.g., peanut butter, Groundnuts otherwise prepared or preserved, including mixtures* Oilcake and other solid residues resulting from groundnut oil* Groundnut flours, meals and pastes*
Ethiopia	Pepper of the genus Piper* Fruit of the genus Capsicum or of the genus Pimenta (dried, crushed or ground)

Country of Origin of the product	Products
	Ginger* Saffron* Turmeric (curcuma)* Thyme* Bay leaves* Curry and other spices* Sesamum seeds
Gambia	Groundnuts i.e., peanuts, and peanut products e.g., peanut butter* Oilcake and other solid residues resulting from groundnut oil* Groundnut flours, meals and pastes
Georgia	Hazelnuts and hazelnut products e.g., fruit & nut mixtures containing hazelnuts, hazelnut paste, hazelnut flour, meal, powder or oil
Ghana	Groundnuts i.e., peanuts, and peanut products e.g., peanut butter* Groundnuts otherwise prepared or preserved, including mixtures Oilcake and other solid residues resulting from groundnut oil* Groundnut flours, meals and pastes* Palm oil
India	Curry leaves (fresh, chilled, frozen or dried) Okra (fresh, chilled, frozen) Drumsticks (Moringa oleifera) Rice Yardlong beans (fresh, chilled, frozen) Guava Nutmeg Betel leaves Capsicum peppers* (dried, roasted, crushed or ground, fresh, chilled or frozen) Groundnuts i.e., peanuts, and peanut products e.g., peanut butter* Oilcake and other solid residues resulting from groundnut oil* Groundnut flours, meals and pastes* Sesamum seeds Locust beans (carob) Locust beans seeds, not decorticated, crushed or ground Mucilages and thickeners, whether or not modified, derived from locust beans or locust bean seeds Guar gum Mixtures of food additives containing locust bean gum or guar gum Pepper of the genus Piper; dried or crushed or ground fruit of the genus Capsicum or of the genus Pimenta Vanilla Cinnamon and cinnamon-tree flowers Cloves (whole fruit, cloves and stems) Nutmeg, mace and cardamoms Seeds of anise, badian, fennel, coriander, cumin or caraway; juniper berries Ginger, saffron, turmeric (curcuma), thyme, bay leaves, curry and other spices

Country of Origin of the product	Products
	Sauces and preparations thereof; mixed condiments and mixed seasonings; mustard flours and meals and prepared mustard Calcium carbonate Food supplements containing botanicals
Indonesia	Nutmeg*
Iran	Pistachios and pistachio products* e.g., Mixtures of nuts or dried fruits containing pistachios, pistachio paste Flours, meals and powder of pistachios*
Israel	Basil Mint
Kenya	Beans (fresh or chilled) Peppers of the genus Capsicum (other than sweet)(fresh, chilled or frozen)
Lebanon	Turnips (prepared or preserved by vinegar, brine, citric acid or acetic acid, not frozen)
Madagascar	Groundnuts i.e., peanuts, and peanut products e.g., peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes Black eyed beans
Malaysia	Jackfruit Locust beans (carob) Locust beans seeds, not decorticated, crushed or ground Mucilages and thickeners, whether or not modified, derived from locust beans or locust bean seeds Mixtures of food additives containing locust bean gum
Nigeria	Sesamum seeds Watermelon seeds and derived products
Pakistan	Spice mixes Rice Peppers of the genus Capsicum (other than sweet) (Food – fresh, chilled or frozen)
Rwanda	Peppers of the genus Capsicum (other than sweet) (fresh, chilled or frozen)
Senegal	Groundnuts i.e., peanuts, and peanut products e.g., peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes
South Korea	Food supplements containing botanicals Instant noodles containing spices/seasonings or sauces
Sri Lanka	Peppers of the genus Capsicum* (sweet or other than sweet) (dried, roasted, crushed or ground) Gotukola Mukunuwenna
Sudan	Groundnuts i.e., peanuts, and peanut products e.g., peanut butter* Oilcake and other solid residues resulting from groundnut oil* Groundnut flours, meals and pastes* Sesamum seeds
Thailand	Peppers of the genus Capsicum (other than sweet) (fresh, chilled, frozen)

Country of Origin of the product	Products
Turkey	Lemons (fresh, chilled or dried) Pomegranates (fresh or chilled) Grapefruits Sweet peppers and all other Capsicum peppers (fresh, chilled or frozen) Unprocessed whole, ground, milled, cracked, chopped apricot kernels Cumin seeds (whole, crushed or ground) Dried oregano Sesamum seeds Dried figs* Mix of nuts or fruits containing figs* Dried figs, prepared or preserved, including mixtures* Flours, meals and powder of dried figs* Pistachios and pistachio products e.g., Mixtures of nuts or dried fruits containing pistachios, pistachio paste* Pistachios, prepared or preserved, including mixtures* Flours, meals and powder of pistachios* Vine leaves Mandarins (including tangerines and satsumas) Clementines, wilkings and similar citrus hybrids Oranges Locust beans (carob) Locust beans seeds, not decorticated, crushed or ground Mucilages and thickeners, whether or not modified, derived from locust beans or locust bean seeds Mixtures of food additives containing locust bean gum
Uganda	Peppers of the genus Capsicum (other than sweet) (fresh, chilled, frozen) Sesamum seeds
United States	Groundnuts i.e., peanuts, and peanut products of peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes Vanilla extract
Uzbekistan	Apricots, dried or otherwise prepared or preserved
Vietnam	Coriander leaves Mint Basil (holy, sweet) Parsley (fresh or chilled) Okra (fresh, chilled or frozen) Peppers of the genus Capsicum (other than sweet) (fresh, chilled, frozen) Pitahaya (dragon fruit) (fresh or chilled) Instant noodles containing spices/seasonings or sauces

*The weight restrictions also apply to specific products (e.g., sugar confectionary, bread, pasta, rice paper and other bakers' wares etc.) containing 20% or more of the products denoted with an asterisk. *