Food products of non-animal origin from third countries that can be imported as personal imports

The products from each country listed in this table are exempt from import controls if their weight is less than 5Kg for fresh products and 2Kg for dry products.

It is your responsibility to consult the comprehensive list available in the <u>Implementing Regulation (EU) 2019/1793</u> before importing food.

Country of Origin of the product	Products
Azerbaijan	Hazelnuts (in shell or shelled) Hazelnuts and hazelnut products e.g., fruit & nut mixtures containing hazelnuts, Hazelnuts, otherwise prepared or preserved, Hazelnut paste, Hazelnut flour, meal, powder or oil
Bangladesh	Foodstuffs containing or consisting of betel leaves
Bolivia	Groundnuts (peanuts) (peanuts) (in shell or shelled) Groundnuts (peanuts) (peanuts), otherwise prepared or preserved, Peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes
Brazil	Groundnuts (peanuts) (in shell or shelled) Groundnuts (peanuts) (peanuts), otherwise prepared or preserved Peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes Brazil nuts in shell Brazil nut products* e.g., fruit & nut mixtures containing Brazil nuts in shell Black pepper (neither crushed nor ground)
China	Groundnuts (peanuts) (in shell or shelled) Groundnuts (peanuts) (peanuts), otherwise prepared or preserved Peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes Sweet peppers (crushed or ground) Tea, whether or not flavoured Xanthan gum
Colombia	Granadilla and passion fruit
Côte d'Ivoire	Palm oil
Dominican Republic	Aubergines (fresh or chilled) Sweet peppers Peppers of the genus Capsicum (other than sweet) Yardlong beans (fresh, chilled or frozen)

	Groundnuts (peanuts) (peanuts), peanuts (in shell or shelled), and peanut products e.g., peanut butter
Egypt	 Sweet peppers and all other Capsicum peppers (fresh, chilled or frozen) Oranges (fresh or dried) Sugar Apple (fresh or chilled) Groundnuts (peanuts)* i.e., peanuts, and peanut products e.g., peanut butter, Groundnuts (peanuts) otherwise prepared or preserved, including mixtures* Oilcake and other solid residues resulting from groundnut oil* Groundnut flours, meals and pastes*
Ethiopia	 Pepper of the genus Piper* Fruit of the genus Capsicum or of the genus Pimenta (dried, crushed or ground) Ginger* Saffron* Turmeric (curcuma)* Thyme* Bay leaves* Curry and other spices* Sesamum seeds
Gambia	Groundnuts (peanuts) (peanuts) (in shell or shelled) Groundnuts (peanuts) (peanuts), otherwise prepared or preserved, including mixtures Peanut butter Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes
Georgia	Hazelnuts (in shell or shelled) Hazelnuts, otherwise prepared or preserved, including mixtures Hazelnut paste, Hazelnut flour, meal, powder or oil
Ghana	Groundnuts (peanuts) i.e., peanuts, Peanut butter Groundnuts (peanuts) (peanuts) otherwise prepared or preserved, including mixtures Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes Palm oil
India	 Curry leaves (fresh, chilled, frozen or dried) Groundnuts (peanuts) i.e., peanuts, Peanut butter Groundnuts (peanuts) otherwise prepared or preserved, including mixtures Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes Peppers of the genus Capsicum (sweet or other than sweet) (dried, roasted, crushed or ground) Peppers of the genus Capsicum (other than sweet) (fresh, chilled or frozen)

Tudonosia	Calcium carbonate Cinnamon and cinnamon-tree flowers Cloves (whole fruit, cloves and stems) Food supplements containing botanicals Ginger, saffron, turmeric (curcuma), thyme, bay leaves, curry and other spices Guar gum Cumin seeds Cumin seeds crushed or ground Mixtures of food additives containing locust bean gum or guar gum Nutmeg, mace and cardamoms Sauces and preparations thereof; mixed condiments and mixed seasonings; mustard flours and meals and prepared mustard Seeds of anise, badian, fennel, coriander, cumin or caraway, juniper berries Sesamum seeds Vanilla Betel leaves (Piper betle L.) Drumsticks (Moringa oleifera) Guava (Psidium guajava) Nutmeg (Myristica fragrans) Okra Rice Yardlong beans
Indonesia	Nutmeg*
Iran	Pistachios (in shell or shelled Mixtures of nuts or dried fruits containing pistachios, pistachio paste Flours, meals and powder of pistachios* Pistachios, prepared or preserved, including mixtures
Israel	Basil Mint
Kenya	Beans (fresh or chilled) Peppers of the genus Capsicum (other than sweet)(fresh, chilled or frozen)
Lebanon	Turnips (prepared or preserved by vinegar, brine, citric acid or acetic acid, not frozen)
Madagascar	Black eyed beans
Malaysia	Jackfruit Locust beans (carob) Locust beans seeds, not decorticated, crushed or ground Mucilages and thickeners, whether or not modified, derived from locust beans or locust bean seeds Mixtures of food additives containing locust bean gum

Mexico	Green papaya (Carica papaya) (Food – fresh and chilled)
Nigeria	Sesamum seeds Watermelon seeds and derived products
Pakistan	Spice mixes Rice Peppers of the genus Capsicum (other than sweet) (Food – fresh, chilled or frozen)
Rwanda	Peppers of the genus Capsicum (other than sweet) (fresh, chilled or frozen)
Senegal	Groundnuts (peanuts) (peanuts) (in shell or shelled) Groundnuts (peanuts) (peanuts), otherwise prepared or preserved, including mixtures Peanut butter Oilcake and other solid residues, whether or not ground or in the form of pellets, resulting from the extraction of groundnut oil
South Korea	Food supplements containing botanicals Instant noodles containing spices/seasonings or sauces
Sri Lanka	Peppers of the genus Capsicum* (sweet or other than sweet) (dried, roasted, crushed or ground) Gotukola Mukunuwenna
Sudan	Groundnuts (peanuts) (peanuts) (in shell or shelled) Groundnuts (peanuts) (peanuts), otherwise prepared or preserved, including mixtures Peanut butter Oilcake and other solid residues, whether or not ground or in the form of pellets, resulting from the extraction of groundnut oil Sesamum seeds
Syria	Tahini and halva from Sesamum seeds
Thailand	Peppers of the genus Capsicum (other than sweet) (fresh, chilled, frozen)
Turkey	Cumin seeds Cumin seeds, crushed or ground Peppers of the genus Capsicum (other than sweet) Sweet peppers (Capsicum annuum) Dried oregano Grapefruits Lemons (Citrus limon, Citrus limonum) Pomegranates

	Sesamum seeds Unprocessed whole, ground, milled, cracked, chopped apricot kernels intended to be placed on the market for the final consumer Dried fig paste Dried figs Dried figs, prepared or preserved, including mixtures Flours, meals and powder of dried figs Locust beans (carob) Locust beans seeds, not decorticated, crushed or ground Mixtures of nuts or dried fruits containing figs Mucilages and thickeners, whether or not modified, derived from locust beans or locust beans seeds Pistachios, in shell or shelled Pistachios, prepared or preserved, including mixtures Mixtures of nuts or dried fruits containing pistachios Flours, meals and powder of pistachios Pistachio paste Mandarins (including tangerines and satsumas); clementines, wilkings and similar citrus hybrids Mixtures of food additives containing locust bean gum Oranges Vine leaves
Uganda	Peppers of the genus Capsicum (other than sweet) (fresh, chilled, frozen) Sesamum seeds
United States	Groundnuts (peanuts) (peanuts) (in shell or shelled) Groundnuts (peanuts) (peanuts), otherwise prepared or preserved, including mixtures Peanut butter Oilcake and other solid residues, whether or not ground or in the form of pellets, resulting from the extraction of groundnut oil Vanilla extract
Uzbekistan	Apricots, dried or otherwise prepared or preserved
Vietnam	Okra Instant noodles containing spices/seasonings or sauces Pitahaya (dragon fruit) Peppers of the genus Capsicum (other than sweet) (fresh, chilled or frozen)

The weight restrictions also apply to specific products (e.g., sugar confectionary, bread, pasta, rice paper and other bakers' wares etc.) containing 20% or more of the products denoted with an asterisk.