Menu Items Allergen Check List

Údarás Sábháilteachta Bia na hÉireann
Food Safety Authority of Ireland

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

MENU ITEM Type menu items below and indicate allergens using a tick	Cereals*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts**	Celery	Mustard	Sesame seeds	Sulphur dioxide & sulphites***	Lupins	Molluscs

* Containing gluten (wheat, rye, barley & oats)
** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
*** e.g. found in sausages, burgers, wine
☑ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit **www.fsai.ie/allergens** or contact us at **info@fsai.ie**