

Consultation Information Note

Title: Consultation on Criteria for 5µg Vitamin D Only Supplements to be Listed as Suitable for Infants in Ireland

Start date of consultation: 28th June 2017

End date of consultation: 11th August 2017

Background:

All parents and caregivers are advised to give infants (0-12months) a 5µg vitamin D only supplement regardless of whether the infant is being breastfed or formula fed.

There is a wide range of infant vitamin D supplements on the market in Ireland which are allowed under EU law. However, these supplements can contain various amounts of vitamin D as well as other vitamins and minerals. This makes trying to find a suitable **infant 5µg vitamin D only** supplement difficult.

To guide parents/caregivers and health professionals, the Food Safety Authority of Ireland (FSAI) has developed a voluntary process to list 5µg vitamin D only food supplements most suitable for infants in Ireland in line with national policy. The FSAI established a Working Group consisting of experts in the area of vitamin D infant nutrition, food law enforcement, public health services in the Health Service Executive and food supplement industry stakeholders. The Working Group developed criteria for listing food supplements suitable for providing 5µg vitamin D to infants in Ireland as set out in the draft guidance note. Food supplements must meet all the criteria laid out in the guidance note in order to be added to the list. Once a food business has placed its infant vitamin D food supplement on the market, it can apply to the FSAI to have its supplement added to the list. The FSAI will then assess the supplement against the criteria set out in the guidance note. If the supplement meets all the criteria it will be added to the list, which will be hosted and maintained on the FSAI web site and available for everyone to access.

Before the guidance note is finalised for publication, the FSAI welcomes feedback from parents/caregivers, health professionals, Environmental Health Service, food businesses and any interested parties to ensure this process will work and all aspects have been covered in the guidance note.

This consultation is in the form of a survey which can be found [here on the FSAI website](#). The consultation will remain open until 11th August 2017.

If you have any queries on accessing the consultation, please contact us via: email consultations@fsai.ie or telephone 1890 33 66 77 or by post Consultations, Food Safety Authority of Ireland, Abbey Court, Lower Abbey St, Dublin 1, D01 W2H4.

Link to [Survey – Consultation on Criteria for 5µg Vitamin D Only Supplements to be Listed as Suitable for Infants in Ireland](#)