

## **Initial assessment**

### **Chromium Picolinate**

**Name of Applicant:** Nutrition21

**Contact person(s):** James Komorowski, Nutrition21 & Dr Elizabeth Lewis, Cantox

A novel food application submitted by Nutrition21 was formally accepted by the Food Safety Authority of Ireland (FSAI) on April 6<sup>th</sup>, 2009. The application is for the use of chromium picolinate as a source of chromium in Foods for Particular Nutritional Uses (PARNUTS, but excluding infant and follow-on formula or baby foods) as regulated by Directive 89/398/EEC, and in fortified foods regulated by Regulation (EC) No. 1925/2006. The applicant noted that the European Food Safety Authority (EFSA) is currently assessing the safety of chromium picolinate for use in food supplements (Directive 2002/46/EC) at the request of Nutrition21.

Under normal circumstances, and in line with the novel food Regulation (EC No. 258/97), the FSAI would carry out a safety assessment of the ingredient and submit an initial safety assessment report to the Commission within 90 days. However, the FSAI is of the opinion that due to the diversity and complexity of the intended uses of this novel ingredient, an additional assessment should be carried out in the framework of Foods for Particular Nutritional Uses (PARNUTS, Directive 89/398/EEC) and fortified foods (Regulation (EC) No. 1925/2006) in order to satisfy the requirements of the novel food Regulation.